

**Fairbanks Local Schools Athletic Department  
Student/Parent Athletic Handbook**



## Introduction

Welcome. The Fairbanks Local Schools Athletic Department is pleased that your son or daughter has chosen to participate in interscholastic athletics in the Fairbanks Local School district. Athletics is an important component in the overall education of our students. We feel that informed and supportive parents can greatly enhance the student athlete's athletic experience. It is the intent of this handbook to introduce athletes and parents to the policies and procedures of the Fairbanks Local Schools Athletic Department.

The Fairbanks Local Schools Athletic Department believes that participation is a "privilege" and not a "right". Therefore, we reserve the right to deny participation for the students who fail to abide by the rules and policies set forth in this handbook. It is also our belief that student athletes should be held to a standard of behavior greater than that of the general student body.

The Fairbanks Local Schools Athletic Department believes the purpose of athletics is to develop sportsmanship, character, leadership, and the desire to excel on the athletic field, the classroom, and ultimately in life. Coaches, parents, and athletes must work together with these goals in mind.

If you have any questions about the materials presented in this handbook, please feel free to contact the Athletic Director or either the High School or Middle School Principals.

## Academic Eligibility

The Fairbanks Athletic Department adheres to the standards set forth by the Ohio High School Athletic Association and the State Department of Education. At Fairbanks we believe the athletics is a part of the entire educational process and that high levels of scholarship should be encouraged. The eligibility requirements at Fairbanks Local Schools satisfy the state requirements and set a high standard of academic excellence by exceeding those of most area schools

**Middle School:** A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of the previous academic achievement. Thereafter, in order to be eligible, a student in grade 7 or 8 must be currently enrolled in school the immediate preceding grading period and received passing grades during that grading period in a minimum of five of those subjects in which the student received grades.

Middle School students shall have grades checked every two weeks if a student athlete has two failing grades they will be immediately ineligible. Once the next grade check occurs, they can regain eligibility

8<sup>th</sup> graders going to the 9<sup>th</sup> grade must meet the OHSAA academic standard which says that they must pass a minimum of five of all subjects carried the preceding grading period in which the student was enrolled and must meet the Fairbanks standard of a 1.0 minimum reporting period grade point average.

**High School:** To be eligible for participation, students must be enrolled in 5 classes or units and must have passed 5 classes or units in the previous reporting period as required by OHSAA. Students must also have maintained a minimum Reporting Period Grade Point Average in the previous grading period to remain eligible. Those reporting period grade point averages are as follows:

- First year students (incoming freshman) must have received a 1.0 or higher in the previous reporting period (4<sup>th</sup> Reporting Period of their 8<sup>th</sup> grade year for the fall eligibility).
- Second year students (incoming sophomores) must have received a 1.5 or higher in the previous reporting period (4<sup>th</sup> Reporting Period of their 9<sup>th</sup> grade year for the fall eligibility).
- Third year students (incoming juniors) must have received a 1.75 or higher in the previous reporting period (4<sup>th</sup> Reporting Period of their 10<sup>th</sup> grade year for the fall eligibility).
- Fourth year students (incoming seniors) must have received a 2.00 or higher in the previous reporting period (4<sup>th</sup> Reporting Period of their 11<sup>th</sup> grade year for the fall eligibility).

Please note that these grade point averages are not accumulative GPA's but reporting period averages.

#### Reporting Period Grade Point Average Example:

English 10	C	2 pts
Spanish II	B	3 pts
Health	B	3 pts
Business Tech	F	0 pts
Social Studies	C	2 pts
P.E.	A	<u>4 pts</u>
		14 pts

14 pts total divided by 6 classes or units equals a reporting period grade point average of 2.33

\*Eligibility for the fall sports season is based on the previous spring quarter.

The OHSAA distributes an Athletic Eligibility Bulletin every spring. This bulletin outlines all OHSAA regulations including age and residency. The Athletic Department encourages you to obtain and read a copy of this bulletin prior to the start of the season. Copies can be picked up in the athletic office.

### Attendance

All Middle School and High School athletes must sign in the office by 8:30 a.m. to be eligible to participate in their sport unless a doctor's note is turned into the Athletic Director or Principal. The Principal/athletic director may also clear an athlete to participate if extenuating circumstances made it impossible to be at school by 8:30 a.m. Students with late arrival schedules must be in by the start of their first class. On weather delay days, students must be in by the start of their first class. If a student is absent on Friday, they may not participate in a school activity over the weekend unless a parent/legal guardian has made an attendance call on that Friday and the absence is excused. If a student leaves school early for an illness, a doctor's note must be provided before they are cleared for participation that day. If a student leaves school early for any other reason, approval from the Principal/AD must be obtained to be cleared for participation that day. Examples would be a funeral or a driver's test.

### Participation Fee

The Fairbanks Board of Education has established the participation fees for the high school and the middle school. The high school fee is \$50 for the first two sports and the third sport is free. The middle school fee is \$25 for each sport with no free sports.

In the Middle School, the fee must be paid prior to the first contest or participation shall be denied, the principal or athletic director may exempt this timeline, if an extenuating financial situation exists. The athlete will not be exempt from paying but a payment plan can be established.

In the High School, the fee must be paid the first week of the season or participation shall be denied, the principal or athletic director may exempt this timeline, if an extenuating financial situation exists. The athlete will not be exempt from paying but a payment plan can be established.

The refund policy for participation fees shall be as follows: There shall be no refunds on participation fees unless a medical excuse is provided prior to the first contest or prior to drug testing. If the student-athlete decides that they no longer want to participate or are removed from the team for disciplinary or academic reasons, no refund will be issued.

### **Physicals and Emergency Medical Forms**

All athletes must have a physical on record prior to participating in a sport. A new physical must be obtained for each school year. Athletes are also required to have an emergency medical form on file with their coach prior to the start of each season. An athlete will not be allowed to compete until an emergency medical form is completed. Physical forms can be picked up in the office and an EMF is attached to this handbook.

### **Insurance Verification**

All athletes participating in athletics at the Fairbanks Local Schools must have insurance to cover them in case of injury or accident. No athlete will be allowed to participate until they have turned in an insurance verification form to their coach or Athletic Director. An insurance verification form can be found in the back of this handbook. If insurance is needed, an insurance plan is offered through the offices.

### **Code of Conduct**

In an effort to help the student athlete achieve a level of behavior greater than that of the general student body, a "Code of Conduct" has been developed. The most recent Code of Conduct has been revised and approved by the Fairbanks Board of Education in May 2011.

The parent/guardian and the student must sign the code of conduct prior to the start of the season. This Code of Conduct is in effect throughout the entire calendar year not just during the season.

Failure to comply with the rules set forth in the Code of Conduct will be addressed by the coach, Athletic Director, and/or the Principal. Two copies of the Code of Conduct are attached to this handbook. One copy is for your future reference, and the other is to be turned in to the coach or the Athletic Director prior to the start of the season.

### **Student Athlete Drug and Alcohol Prevention Program**

The Fairbanks Local Schools Athletic Department feels that the use of illegal substances is a major concern for athletes and non-athletes alike during the High School years. To help protect the health and safety of our athletes and to keep them from the dangerous situations that arise from illegal substance use, Fairbanks Local School District Board of Education has adopted a policy permitting drug and alcohol testing of students who participate in interscholastic athletics. It is the belief of the Fairbanks schools that drug screening gives athletes an "excuse" not to use drugs and alcohol and allows them to better fight peer pressure. The goal of the program is to keep athletes from using drugs and alcohol.

All athletes will be tested prior to the first game of the season and then will be subject to random testing periodically throughout the season. A complete copy of the Drug Testing Policy and the procedures for Random Testing of Fairbanks Local School District Students Participating in Interscholastic Athletics, which outlines procedures and consequences, is attached to this handbook.

### **Communication**

The Athletic Department would like to stress that communication between athletes, parents, and coaches is of the utmost importance. However, a line of communication must be established and strictly adhered to.

It is important that athletes and their parents realize the first line of communication is with the coach, if satisfaction is not reached with the coach, then contact the Athletic Director, then if necessary, the principal.

### **Talking with the Coach**

As stated before, communication between players, parents, and the coach is very important. However, there are some times when communication of concerns may not be very productive. Immediately following a contest is one of these times. Coaches and parents tend to be very emotional following a game and these emotions may cloud judgment and lead to non-productive communication. Immediately following practice, while picking up your child, is also a poor time to air concerns unless an appointment has been scheduled. If a concern arises, please call the school or your coach to set up an appointment with the coach. All of our coaches will be glad to meet with parents at a time convenient for all parties. At this meeting, the student athlete is required to be in attendance.

### **Playing Time**

The coach determines how much or how little playing time that an athlete receives. Any athlete or parent who is concerned with playing time should make an appointment with the coach to discuss the issue. When preparing to discuss this issue, parents and athletes should review and follow the guidelines and procedures previously outlined in this handbook.

### **Quitting a Team**

If the student athlete quits before the first game or scrimmage, they do not need permission to begin another athletic related school sponsored activity during the same season of the sport they quit, if they quit after the first game or scrimmage, they must get the coaches permission before they can begin to participate in another athletic related school sponsored activity during the same season of the sport they quit. The Athletic Director and/or Principal will have the final approval in the process.

### **Denial of Participation**

It is the hope of the Athletic Department that a situation never arises where an athlete must be denied participation. Reality is that these situations may arise and procedures must be in place to effectively handle the denial of participation.

As stated before, participation in interscholastic athletics is a privilege and not a right and the Athletic Department reserves the right to deny participation to athletes who do not abide by the rules and policies of Fairbanks Local Schools and the Fairbanks Local Athletic Department. Such denial of participation shall be imposed for the amount of time deemed appropriate by the coach or Athletic Director.

An athlete who is being denied participation will be notified by the coach and/or athletic director and told the reason for the denial. If the athlete or parents/guardians of the athlete would like to discuss the issue, they may follow the lines of communication previously set up in this handbook. The final decision on the denial of participation rests with the building principal. No further appeals are permitted and the due process procedures that are used for removals from curricular activities shall not apply to removals from extracurricular activities.

### **Injuries**

All injuries must be reported to the coach immediately after they occur. All injuries that require a doctor's attention require written permission from the attending doctor before the athlete may return to participation. A referral slip can be used in accordance with the agreement set up with Memorial Hospital Sports medicine. It is the athlete's responsibility to call and make an appointment. In addition, no coach

may force an injured athlete to participate. If an athlete is injured and cannot participate in the school sport, they are not permitted to participate in an activity outside of school unless the activity is rehabilitation for the injury.

### **Care of Equipment and Uniforms**

Athletes are responsible for all equipment and uniforms issued to them. The athlete must pay for any loss or damage to equipment or uniforms. Damages caused by washing errors are included. The cost of a damaged uniform will be the replacement cost for a new uniform. An athlete may be denied participation in following sports seasons until all obligations are fulfilled. Further, grade cards may be withheld until payment or equipment/uniforms are received.

### **Hazing**

Hazing will not be tolerated in the Fairbanks Local Schools Athletic Department. All coaches are required to discipline any athlete guilty of hazing another athlete. Any athlete who is the victim of hazing must report the incident to the coach. The high school and middle schools also have policies forbidding hazing and school discipline and/or denial of athletic participation may also result from hazing.

### **Frank Spurlock Memorial and Victory Bell**

The Victory Bell Memorial was created to honor the memory of Coach Frank Spurlock and the values he stood for in creating and establishing the Fairbanks football program as one of the best in the state. In line with this, the victory bell, at Kyre Field, will be rung only by the varsity football program. It is to be rung solely by senior football players on game nights following a victory. Any other use of the bell is prohibited.

### **Spectator Behavior**

In order to achieve sportsmanship, character, leadership, and the desire to excel in our athletes, we must expect the same from our spectators. As spectators, you are there to cheer on our athletes and our teams. You should not degrade or verbally abuse any of our athletes, our opponents and the officials. Also please be mindful of and courteous to those around you when cheering. When cheering on our teams let the pride and character of the Fairbanks Schools and community shine by exhibiting sportsmanlike behavior.

Unsportsmanlike behavior may result in being asked to leave your seat and/or the contest. Repeated unsportsmanlike behavior may result in loss of the privilege to attend contests at Fairbanks Local Schools.

If unsportsmanlike behavior is observed, a "Letter of Notice" shall be mailed to the individual/s involved as a warning. If a second incident of unsportsmanlike behavior is observed, a second "Letter of Notice" shall be sent and the individual/s shall not be permitted to attend any athletic events for a calendar week (as permitted by Board Policy 9160). If a third incident of unsportsmanlike behavior would occur, the individual/s will not be permitted to attend any athletic events for one calendar year (as permitted by Board Policy 9160).

### **Awards**

Any athlete who has earned an athletic award during the season and does not attend the awards banquet may not receive their award. The only exception is if the athlete has received prior permission from the coach, Athletic Director, or the Principal.

## **Uniforms**

School issued uniforms are not to be worn to school unless approved by the coach.

## **Multi-Sport Participation**

Students-athletes will not be permitted to participate in more than one school sport during the same season unless the Principal or Athletic Director gives permission. The decision will be based upon previous experience of the sport combinations. If an athlete is granted permission to participate in multiple sports, a participation fee must be paid for each sport and this payment does not count toward the Family maximum participation fee for the year, it is considered a single sports season.

OHSAA regulations do not allow participation in the same club sport and the same school sport at the same time, this includes, tryouts, practice, and games.

It is an individual's choice to participate in a club sport during a school sports season. The school team must be given first priority, even with make ups or rescheduled events. If at any time the athlete chooses the club sport over the school sport's activity, it will be considered that the athlete has quit the school team. The only exception is if the athlete receives permission from the school coach, such request must be in writing, before the season begins, and kept on file in the Athletic Director's office.

## ***Wall of Honor (All Ohio Honors)***

The following criteria are used to determine pictures to be hung on the "Wall of Honor" in the hallway.

- Any individual who has been chosen first or second team All State or any individual or relay team that places in the top 8 in their individual event.
- Any team that has finished first or second in the state.

The athletic director shall coordinate this with the athlete and the coach to arrange for the picture to be taken. An informational sheet will be given to the athlete with instructions.

Only athletes or teams recognized by both the OHSAA and the Fairbanks Board of Education will be eligible for the Wall of Honor.

## **Concussion Information**

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

**Symptoms may include one or more of the following:**

- Headaches
- "Pressure in head"
- Confusion
- Nausea or vomiting
- Balance problems or dizziness
- Sensitivity to light or noise
- Feeling foggy or groggy
- Drowsiness
- "Don't feel right"
- Sadness
- Irritability
- Repeating the same question/comment
- Concentration or memory problems (forgetting game plays)
- Neck pain
- Blurred, double, or fuzzy vision
- Feeling sluggish or slowed down
- Change in sleep patterns
- Amnesia
- Fatigue or low energy
- Nervousness or anxiety
- More emotional

Adapted from the CDC and the 3rd International Conference in Sport

**Signs observed by teammates, parents and coaches include:**

- Appears dazed
- Vacant facial expression
- Forgets plays
- Moves clumsily or displays poor coordination
- Slurred speech
- Can't recall events after hit
- Any change in typical behavior or personality
- Can't recall events prior to hit
- Confused about assignment
- Is unsure of game, score, or opponent
- Answers questions slowly
- Shows behavior or personality changes
- Seizures or convulsions
- Loses consciousness

**What can happen if my child keeps on playing with a concussion or returns too soon?**

Athletes with the signs and symptoms of concussion shall be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one (second impact syndrome). This can lead to prolonged recovery, or even to severe brain swelling with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

**If you think your child has suffered a concussion**

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. You should also

inform your child's coach if you think that your child may have a concussion Remember its better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:  
<http://www.cdc.gov/ConcussionInYouthSports/>

### **Closing Comments**

Interscholastic athletics can be a fun and rewarding experience. We hope that this handbook will help make your experience with the Fairbanks Athletic Program the best that it can be.

# **DRUG AND ALCOHOL PREVENTION PROGRAM**

## **FAIRBANKS LOCAL SCHOOLS STUDENT ATHLETE DRUG AND ALCOHOL PREVENTION PROGRAM**

### **PROCEDURES FOR RANDOM DRUG TESTING ON FAIRBANKS LOCAL SCHOOL DISTRICT STUDENTS PARTICIPATING IN INTERSCHOLASTIC ATHLETICS**

1. **LIST OF ELIGIBLE STUDENT ATHLETES**  
The athletic director will prepare a list of eligible student athletes participating in interscholastic athletics. The list will be forwarded to the vendor for the random selection of student athletes who will submit urine specimens for testing.
2. **TEAM TESTING**  
At the beginning of each season, all eligible athletes are subject to urine testing. This testing must be accomplished prior to the first game of the season on a date and time coordinated with the testing vendor. The head coach is responsible for seeing that all student athletes and their parent/guardian/custodian properly sign the *Informed Consent Agreement* prior to testing. Any student moving into the district shall be tested within two weeks of the time they join a sport.
3. **IN-SEASON DATES**  
In-season start dates will begin as published by the Ohio High School Athletic Association or sanctioning organization and continue until the completion of all contests for that sport for Fairbanks Local Schools. The athletic director will provide the vendor with these dates.
4. **RANDOM SELECTION OF STUDENT ATHLETES FOR TESTING**  
Periodically throughout each athletic season, athletes will be randomly tested. A number equal to 10% of each sport presently competing will be randomly chosen. The vendor will use a system to assure that students are selected in a random fashion. This system may include computer generated random numbers or names or by pulling numbers from a pot of numbers equal to the number of eligible student athletes.
5. **SCHEDULING OF URINE DRUG TESTING**

Urine drug testing is unannounced. The day and date are selected by the vendor and confirmed with the building principal. Random testing may be done weekly.

#### 6. FORM COMPLETION

The vendor is responsible for seeing that proper drug testing *Custody and Control* forms are used that satisfy the needs of the *Procedures for Random Urine Drug Testing of Fairbanks Local School District Students Participating in Interscholastic Sports* and the testing laboratory.

#### 7. SAMPLE COLLECTION

Split samples will be collected following federal and state guidelines to ensure accuracy and confidentiality. The procedures for the collection of urine samples are listed below under COLLECTION PROCESS.

#### 8. COLLECTION PROCESS

Selected student athletes report from class to the collection site. A specimen of urine is collected following this process:

- a. Student first is asked to wash his/her hands with soap and water and dry them.
- b. No purses, bags, or containers may be taken into the collection area with the student. All extra coats, vests, jackets, sweaters, etc. are to be removed before entering the collection area.
- c. The drug testing *Custody and Control* form is completed by the student and the collector.
- d. The student is told to urinate directly into the provided container and should provide a sufficient amount of urine in one attempt. The student is also told he/she is to hand the container to the collector.
- e. The student steps up to the urinal or enters the stall to collect the specimen, then hands the container to the collector. The student may then rewash his/her hands.
- f. With the student watching, the collector will recap the specimen bottle tightly.
- g. The collector checks the volume, reads and records the temperature within four minutes of the collection and looks for evidence of tampering. If tampering is suspected, a second specimen will be requested. A second suspected tampered specimen will be considered refusal to test and the athletic director notified.
- h. The collector takes the properly signed and initialed bottle seal and places it over the cap and sides of the bottle.
- i. The sealed bottle is placed inside the transport bag and the top sealed as directed.
- j. The top lab copies of the drug testing *Custody and Control* form are folded with the top portion visible to the outside and placed in the requisition pouch. This pouch is then sealed as indicated. The student is given the donor copy of the form.
- k. The student is then sent back to class.
- l. The collector distributes the remaining copies of the form as required, being responsible for getting the appropriate copy of the form to the MRO in a timely manner.
- m. The athletic director will be notified immediately of any student who refused to give a urine sample.
- n. The student may flush the toilet after the specimen has been provided to the collector.
- o. If a student is unable to provide a specimen, they will be permitted to drink no more than 40 ounces of liquid and will be given the opportunity to try again. They will not be permitted to leave the collection/waiting area. If a student is unable to provide a specimen it will be considered a refusal to test and the athletic director will be notified.

#### 9. MEDICAL REVIEW OFFICER (MRO) RESPONSIBILITIES

The MRO will review all results of urine drug testing. Any urine specimen testing positive for illicit or banned substances will be handled in the following manner:

- a. The MRO determines if any discrepancies have occurred in the *Chain of Custody*.

- b. Depending on the substances found in the urine, if necessary the MRO will contact the parent/guardian/custodian to determine if the student is on any prescribed medication from a physician.
- c. If the student is on medication, the parent/guardian/custodian will be asked to obtain a letter from the prescribing physician, within five working days, to document what medications the student is currently taking. Failure to provide such requested information will be considered a positive result.
- d. The MRO will then determine if any of the prescribed medications resulted in the positive drug screen.
- e. Specimens reported, by the MRO, as adulterated will be considered as positive and the consequences are the same as positive test results.
- f. Finally, the MRO, based on the information given, will certify the drug test results as positive or negative and report this to the building principal or personnel designated by the building principal, initially reporting positive results by phone.
  - (1) For example, a drug screen positive for codeine may be ruled negative by the MRO when he receives a letter from the treating physician that the student has been prescribed Tylenol with codeine as a pain medication following a tooth extraction.
  - (2) Or, if a student has a positive drug screen for codeine and has no documented physician order for the medication (maybe a parent gave the student one of the pills), this would likely be ruled a positive drug test by the MRO.
  - (3) Drug screens positive for illicit drugs (marijuana, heroin, cocaine, alcohol, etc.) would automatically be considered positive by the MRO.
- g. The MRO will complete the final review on the drug testing *Custody and Control* form and return the appropriate copy to the building principal in a confidential manner.

10. PICK-UP PROCESS

The vendor is responsible for seeing that specimens are delivered to or picked up by the testing laboratory and the *Chain of Command* form properly annotated.

11. NATURE OF POLICY

No student athlete will be academically punished for testing positive for illegal drugs or banned substances. Provisions of the Student Handbook will remain in effect and other penalties authorized by the Board may be imposed if a student is found to be in possession of drugs, drug paraphernalia, etc. as outlined in the Student Handbook on school property, while attending school sponsored activities, or any other time a student is subject to the authority of school personnel. All drug results are considered confidential and will be handled accordingly. Information regarding the results of drug tests will not be disclosed to criminal or juvenile authorities. However, if a binding subpoena is presented for such results, the parent/guardian will be notified to the extent authorized and required under law and the District shall comply with all legal requirements regarding these confidential records.

12. ILLICIT OR BANNED SUBSTANCES

For the purposed of this policy, the following drug classes, substances or their metabolites can be tested for and are considered illicit or banned for the Fairbanks Local School District.

Alcohol	Cocaine Metabolite	Nicotine
Amphetamines	LSD	Opiates
Anabolic Steroids	Marijuana Metabolites	Phencyclidine
Barbiturates	Methadone	Propoxyphene
Benzodiazepines	Methaqualone	MDMA (ecstasy)
Codeine	Morphine	Hydrocodone
Oxycodone	Methamphetamine	MDA

The building principal and his/her designee may specify specific classes for substances to be tested each testing date.

13. REFUSAL TO TEST

Any athlete who refuses to submit to drug screening will face the same consequences as if a positive test result were obtained. Failure to have a signed *Informed Consent Form* on file and inability to submit a sample are both considered to be a refusal to test and carry the consequences of a positive result.

(a). Not providing a specimen on the day of testing will be considered a refusal to test unless the student athlete is on vacation or an excused absence. No other reasons shall be valid or accepted. In order to provide a specimen, if the vendor is no longer at the school site, the student athlete will have to go to the vendor location during their hours of operation to provide the specimen. The student athlete will have to pay the cost of the test, if they do not give a specimen at the time and location provided by the school. The vendor shall not wait longer than 10 minutes from the time that they have completed all other athletes for a specimen to be given.

(b). If the sample result comes back as "diluted", upon notification by a Fairbanks administrator, the student athlete must immediately go to the vendor site for a re-test. According to the vendor, "diluted samples are constant with the attempts to "mask" a prohibited substance". The student athlete shall not be permitted to participate until another specimen has been given and verification paper work has been provided to the principal or athletic director. The student athlete will have to pay the cost of the re-test.

(c). If the second sample comes back "diluted", a re-test must occur immediately and the student athlete will be ineligible to participate until the test results have been given to the principal or athlete director.

1. PROCEDURES IN THE EVENT OF A POSITIVE RESULT

1. All positives are automatically confirmed using gas chromatograph/mass spectrometry (GM/MS). These results are reported by the MRO to the principal or designee who will notify the parent/guardian/custodian. The parent/guardian/custodian has the option to request that the vendor have the split portion of the specimen tested at a different testing laboratory approved by the principal or his/her designee. The parent/guardian/custodian must pay for all costs associated with the testing of the second (split) sample. This request must be made within 3 days and if not requested, the first sample will be accepted.
2. If the second test is also reported as positive by the MRO or if the parent/guardian/custodian did not request the split test to be performed, a positive result will be declared. A written notification from the building principal or his/her designee will be sent to the parent/guardian/custodian outlining the results of the testing and the consequences of the positive result.
3. The student will be required to submit to weekly urine specimens, via the vendor, for five weeks. The parent/guardian/custodian will be responsible for paying for all costs of these weekly urine tests. If the student refuses to submit to weekly tests, the student will be denied participation for the remainder of the school year.
4. The MRO may use quantitative results to determine if positive results on repeat tests indicate recent use of illicit or banned substances or the natural decline of levels of the illicit or banned substance from the body. If the MRO feels the quantitative levels determined to be above the established cutoffs do not reflect current use but natural decay, then negative results may be reported.

15. CONSEQUENCES OF POSITIVE DRUG AND ALCOHOL RESULTS (CONSEQUENCES OF Violation of DRUG AND ALCOHOL Policy)

**First Violation of Drug and Alcohol Policy-** The athlete will be given the option of going through a Certified Chemical Dependency Counselor or an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services for a chemical dependency assessment. If the athlete makes initial contact with the assessment counselor or agency or within five working days and the recommendations followed, the athlete will be denied participation for the equivalent of 10% of the contests in that sport. The 10%, 25%, or 50% denial of participation shall be rounded up to the next whole game. No fractions of games shall be permitted. Example: if 22 regular season games are played and the 10% denial is in effect, 2.2 games shall be rounded up to the next whole game or 3 games.

If the athlete refuses to do the assessment or does not complete the assessment in the time frame dictated, the denial will be for the equivalent of 25% of the contests of that sport.

Regardless of which option is chosen, the athlete is required to submit weekly urine tests for five weeks. All expenses of the assessment and weekly urine tests are the responsibility of the parent/guardian/custodian.

If the season ends while the suspension is being served, the suspension will be considered served in full.

**Second Violation of Drug and Alcohol Policy-** A second violation of the drug and alcohol policy within two consecutive calendar years, the athlete will be given the option of going through a Certified Chemical Dependency Counselor or an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services for a chemical dependency assessment. If the athlete makes initial contact with the assessment counselor or agency or within five working days and the recommendations followed, the athlete will be denied participation for the equivalent of 50% of the contests in that sport.

If the athlete refuses to do the assessment or does not complete the assessment in the time frame dictated, the denial will be for the remainder of the season and the next athletic season.

Regardless of which option is chosen, the athlete is required to submit weekly urine tests for five weeks. All expenses of the assessment and weekly urine tests are the responsibility of the parent/guardian/custodian.

If the season ends while the suspension is being served, the suspension will be considered served in full.

**Third Violation of Drug and Alcohol Policy** -A third violation within two consecutive calendar years will result in the denial of participation in Interscholastic Athletics at Fairbanks Local Schools for the remainder of the student's school years.

16. CONSEQUENCES OF VIOLATION OF TOBACCO (NICOTINE) POLICY

**First Violation of Tobacco (Nicotine) Policy** -The athlete will be given the option of attending a tobacco education program. The athlete must make initial contact with the education program within 5 working days and complete the program in a timely manner the athlete will be denied participation for the equivalent of 10% of the contests in that sport.

If the athlete refuses to attend the tobacco education program or does not complete the program in a timely manner, the denial will be for the equivalent of 25% of the contests in that sport.

The 10%, 25%, or 50% denial of participation shall be rounded up to the next whole game. No fractions of games shall be permitted. Example: if 22 regular season games are played and the 10% denial is in effect, 2.2 games shall be rounded up to the next whole game or 3 games.

Regardless of which option chosen, the athlete is required to submit weekly urine tests for five weeks. All expenses of the class and weekly urine tests are the responsibility of the parent/guardian/custodian.

**Second Violation of Tobacco (Nicotine) Policy** - A second violation of the nicotine policy within two consecutive calendar years, will result in the athlete will being given the option of attending a tobacco education program. The athlete must make initial contact with the education program within 5 working days and complete the program in a timely manner the athlete will be denied participation for the equivalent of 50% of the contests in that sport.

If the athlete refuses to do the assessment or does not complete the assessment in the time frame dictated, the denial will be for the remainder of the season and the next athletic season.

Regardless of which option chosen, the athlete is required to submit weekly urine tests for five weeks. All expenses of the class and weekly urine tests are the responsibility of the parent/guardian/custodian.

**Third Violation of Tobacco (Nicotine) Policy**- A third violation within two consecutive calendar years will result in the denial of participation in Interscholastic Athletics at Fairbanks Local Schools for the remainder of the student's school years.

17. **Combined Policy Violations** : If a student athlete has a violation in Tobacco (Nicotine) and then a violation in Drug and Alcohol, or visa-versa, that test shall be considered a second violation and the appropriate procedures shall be addressed for a second violation and the same for a combination of a third policy violation.
18. While serving the “games suspension”, the student athlete will not be associated with the team. They will not travel with the team or be on the team bench. If during the “games suspension”, it is a special game, such as senior night or homecoming, the student athlete will not participate in those activities, as a consequence of their actions.

**The next pages are forms that are required to be handed in to the Athletic Department Prior to Participation. Please note that one copy of the Code of Conduct is for your records.**

- 1. Informed Consent Agreement**
- 2. Athletic Code of Conduct**
- 3. Insurance Verification**
- 4. Parent Travel Form**
- 5. Emergency Medical Form**
- 6. OHSAA Release**
- 7. Physical Form**



## INFORMED CONSENT AGREEMENT

Student's Name \_\_\_\_\_

Grade \_\_\_\_\_

### AS A STUDENT:

- I have read the *Procedures for Random Urine Drug Testing of Fairbanks Local School District Students Participating in Interscholastic Sports* and thoroughly understand the consequences that I will face if I do not honor my commitment.
- I understand and realize that there is risk of injury in participating in athletic activities.
- I understand that when I participate in any athletic program, I will be subjected to initial and random urine drug testing, and if I refuse, I will not be allowed to practice or participate in any athletic activities. I have read the consent on the reverse side of this form and agree to its terms.
- I understand this is binding while a student at Fairbanks.

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

### AS A PARENT/GUARDIAN/CUSTODIAN:

- I have read the *Procedures for Random Urine Drug Testing of Fairbanks Local School District Students Participating in Interscholastic Sports* and understand the responsibilities of my son/daughter/ward as a participant in athletic activities in the Fairbanks Schools.
- I pledge to promote healthy lifestyles for all student athletes of the Fairbanks Schools.
- I understand and realize that there is an assumed risk of injury involved for my son/daughter/ward as a participant in athletic activities.
- I understand that my son/daughter/ward, when participating in any athletic program, will be subjected to initial and random urine drug testing, and if they refuse, will not be allowed to practice or participate in any athletic activities. I have read the consent on the reverse side of this form and agree to its terms.
- I understand this is binding while my son/daughter/ward is a student at Fairbanks.

\_\_\_\_\_  
Parent/Guardian/Custodian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian/Custodian Name (PLEASE PRINT)

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Work Phone

THE UNIVERSITY OF CHICAGO

PHYSICS DEPARTMENT

1950

TO THE FACULTY OF THE PHYSICS DEPARTMENT

FROM THE PHYSICS DEPARTMENT

RE: [Illegible]

[Illegible]

[Illegible]

[Illegible]

[Illegible]

[Illegible]

[Illegible]

[Illegible]

[Illegible]

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# Fairbanks Athletic Code of Conduct

Purpose: The purpose of athletics at Fairbanks Local Schools is to develop sportsmanship, character, leadership, and desire to excel. The Fairbanks Schools Athletics Department does not condone any activity, which hinders this purpose. These guidelines are in effect for the entire calendar year, not only during a specific athletic season.

1. Athletes should conduct themselves in a respectful manner at all times, remembering they are representatives of Fairbanks Schools.
2. Athletes should display good sportsmanship at all times. Unsportsmanlike behavior is subject to discipline by the coach, athletic director, and/or principal. Repeated unsportsmanlike behavior may result in removal from the team for the amount of time deemed appropriate by the coach, athletic director, and/or principal.
3. The conduct of members of athletic teams should be above reproach at all times, reports of misconduct shall be reviewed by the coach, principal, and/or Athletic Director. If an athlete is found guilty or admits to violating any Ohio laws in which jail time or the equivalent is sentenced that athlete will be suspended from athletic participation for one (1) calendar year.
4. If the student athlete quits before the first game or scrimmage, they do not need permission to begin another athletic related school sponsored activity during the same season of the sport they quit, if they quit after the first game or scrimmage, they must get the coaches permission before they can begin to participate in another athletic related school sponsored activity during the same season of the sport they quit.
5. Conduct at an athletic contest, in the classroom, and on a school bus (or other approved school transportation), or any other time a student is subject to the authority of school personnel should be of a caliber that sets a good example for other students. The coach, athletic director, and/or principal shall review poor conduct. The coach, athletic director, and/or principal will determine the penalty. The first violation may include, but shall not be limited to, denial of participation. Repeated misconduct may result in dismissal from the team.
6. Possession and/or consumption of drugs, alcohol, and tobacco products or look-a-like products are not traits consistent with being a student athlete and create a threat to student safety. The Fairbanks Local Schools and the Athletic Department will not condone such conduct. Possession or use of drugs, alcohol or tobacco and/or look a-like products shall result in a denial of participation in athletics and/or student discipline in accordance with this Board approved handbook. The Fairbanks Student Athlete Drug and Alcohol Prevention Procedures cover the prevention, detection, and consequences for illegal drug and alcohol use. If upon investigation by the administration, the student athlete has been determined to be in violation of the drug and alcohol policy or the detection by law enforcement officers of an illicit or banned substance has been determined, it will be a violation and treated as such with the same consequences. Please Refer to this Board approved handbook and the Fairbanks Student Athlete Drug and Alcohol Prevention procedures.
7. To perform at the highest level requires proper rest. Therefore each head coach may set a curfew for his/her sport. The coach may set the time and enforce the curfew. The coach is responsible for disciplining curfew violations. Repeated curfew violation may result in removal from the team.
8. Suspension from school is viewed as a serious conduct problem and shall result in suspension from any athletic practices and games during the duration of the suspension. An athlete shall not participate until he/she returns to school (an athlete whose suspension ends on Friday is not eligible to participate until Monday after school). If an absence from school is the result of a student-athlete being detained by the courts or law enforcement agency because of his/her delinquency, that athlete shall not be allowed to participate in any contest that day unless signed in by 8:30 am.
9. Theft is a serious offense and will not be tolerated. Any athlete caught stealing from a teammate or another athlete will be subject to dismissal from the team. The student may also be subject to school discipline.
10. All athletes must travel in vehicles approved by the Athletic Director. The coach will establish a policy dealing with travel to and from an athletic event. At no time will an athlete be permitted to ride home with another student. Whenever a student athlete does not ride the bus home, the student must be signed out by the parent.
11. All athletes must sign in the office by 8:30 a.m. to be eligible to participate in their sport unless a doctor's note is turned into the Athletic Director or Principal. The Principal may also clear an athlete to participate if extenuating circumstances made it impossible to be at school by 8:30 a.m. Students with late arrival schedules must be in by the start of their first class. On weather delay days, students must be in by the start of their first class.
12. As representatives of Fairbanks Schools, students should dress in a manner that favorably represents the Fairbanks Schools. Coaches should set a dress code for their students for home and away contests. Athletes who do not abide by the dress code will be subject to discipline by the coach. Repeated violations may result in dismissal from the team.
13. Students are not to be in the school unsupervised before, during, or after a game or practice.
14. Hazing will not be tolerated in the Fairbanks Local Schools Athletic Department. All coaches are required to discipline any athlete guilty of hazing another athlete. Any athlete who is the victim of hazing must report the incident to the coach. The high school and middle schools also have policies forbidding hazing and school discipline and/or denial of athletic participation may also result from hazing.
15. There is a \$50 athletic participation fee per high school sport for the first two sports and the third sport has no participation fee. This fee must be paid at the end of the first week of practice. Managers, statisticians, camera persons, etc are exempt from this fee. MS has a \$25 participation fee due prior to the first contest with no maximum amount.

Note: This Code of Conduct is in effect for the calendar year, not just during your season. A student is defined as a participant including managers, statisticians, and anyone accompanying the team.

By signing, I acknowledge that I have read the above "Code of Conduct" and the Athletic Handbook and understand the established expectations of the Fairbanks Local Schools Athletic Department.

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

Student \_\_\_\_\_

Date \_\_\_\_\_

May 2011

Parent Conv

# THE HISTORY OF THE UNITED STATES

The history of the United States is a complex and multifaceted story that spans centuries. It begins with the early Native American civilizations, such as the Mayans, Aztecs, and Incas, who developed advanced societies in the Americas. The arrival of European explorers in the late 15th and early 16th centuries marked the beginning of a new era, as they sought to establish trade routes and colonies. The Spanish, French, and British all played significant roles in the early history of the continent.

The British colonial period saw the growth of the eastern seaboard, with the establishment of colonies that would eventually become the United States. The American Revolution, which began in 1775, was a pivotal moment in the nation's history, leading to the declaration of independence and the formation of a new government. The Constitution, drafted in 1787, provided the framework for the United States as a federal republic.

The 19th century was a period of rapid expansion and growth. The westward movement, driven by the desire for land and resources, led to the discovery of gold in California and the settlement of the Great Plains. The Civil War, which broke out in 1861, was a defining moment in the nation's history, as it resolved the issue of slavery and preserved the Union. The Reconstruction period that followed sought to rebuild the South and integrate African Americans into the new nation.

The 20th century was a time of significant change and progress. The United States emerged as a global superpower after World War II, leading the world in economic and technological innovation. The civil rights movement, which began in the 1950s, fought for equality and justice for all Americans. The space race, which culminated in the Apollo 11 mission in 1969, marked a major achievement in human exploration.

The 21st century has seen the United States continue to evolve and adapt to a rapidly changing world. The challenges of globalization, climate change, and technological advancement have shaped the nation's policies and priorities. The ongoing struggle for social justice and equality remains a central theme in the American story.

The history of the United States is a testament to the resilience and ingenuity of the American people. It is a story of exploration, discovery, and the pursuit of the American dream. The challenges and triumphs of the past have shaped the nation into the powerful and diverse country it is today. As we look to the future, we can draw inspiration from the lessons of our history and strive to create a better and more just society for all.

The history of the United States is a story of hope and possibility. It is a story that reminds us of our shared values and the potential of the human spirit. As we continue to write the next chapters of our history, let us do so with courage and conviction, for the sake of the future generations who will inherit the land we call home.

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By signing, I acknowledge that I have read the above "Code of Conduct" and the Athletic Handbook and understand the established expectations of the Fairbanks Local Schools Athletic Department.

Parent/Guardian

Date

Student

Date



**EMERGENCY INFORMATION & MEDICAL AUTHORIZATION**

STUDENT'S NAME \_\_\_\_\_ Grade \_\_\_\_\_

Home Phone (Parent Contact No.) \_\_\_\_\_ Birth Date \_\_\_\_\_

Home Address \_\_\_\_\_

MOTHER'S NAME \_\_\_\_\_

Home Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Business Name and Address: \_\_\_\_\_

Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

FATHER'S NAME \_\_\_\_\_

Home Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Business Name and Address: \_\_\_\_\_

Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

NEIGHBORS/ RELATIVES who will know your whereabouts & assume temporary care of your child if you cannot be reached.

Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

**PURPOSE OF THE FOLLOWING INFORMATION:** To enable parents and guardians to authorize the provision of emergency treatment for children who become ill or injured while under school authority, when parents or guardians cannot be reached. **FILL OUT ONLY PART I OR PART II.**

**PART I - GRANT TO CONSENT**

In the event reasonable attempts to contact me at (phone #) \_\_\_\_\_ have been unsuccessful, I hereby give my consent for: (1) The administration of any medical treatment deemed necessary by (Physician) Dr. \_\_\_\_\_ at (phone #) \_\_\_\_\_ or (Dentist) Dr. \_\_\_\_\_ at (phone #) \_\_\_\_\_, or in the event the designated preferred practitioner is not available, by another licensed physician or dentist; and (2) the transfer of the child to (preferred hospital) \_\_\_\_\_ or any hospital reasonably accessible. This authorization does not cover major surgery unless the medical opinions of two other licensed physicians or dentists, concurring in the necessity for such surgery, are obtained prior to the performance of such surgery.

**MEDICAL HISTORY** Facts concerning the child's medical history to which a physician should be alerted:

Allergies \_\_\_\_\_

Medications being taken \_\_\_\_\_

Physical Impairments/Health Concerns \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

\*\*\*\*\*

**PART II - REFUSAL TO CONSENT (Do Not Complete Part II if you completed Part I)**

I do not give my consent for emergency medical treatment for my child. In the event of illness or injury requiring emergency medical treatment, I wish the school authorities to take no action but to do the following \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_



## Insurance Verification

### Return to School

As the parent or guardian of \_\_\_\_\_, I verify that I have insurance  
(Student's Name)  
with \_\_\_\_\_, policy/group number \_\_\_\_\_, that will pay the  
(Company Name)  
medical or surgical expenses that may result from participation in athletics representing Fairbanks  
Middle School/Fairbanks High School. This insurance will also cover the above-named student while  
traveling to or from practice sessions or contests.

Since the parent/guardian(s) of the above-named student has an insurance policy that will provide  
adequate financial coverage for any type of injury or injuries, or whatever might result there from, the  
parent/guardian(s) agrees to release the Fairbanks Local Schools or any part thereof from any financial  
obligation as pertains in these matters for the \_\_\_\_\_ school year or period of time thereafter.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

EXHIBIT 10-1

The following table shows the results of the regression analysis for the dependent variable of interest. The independent variables are listed in the first column, and the corresponding coefficients are listed in the second column. The standard errors are listed in the third column, and the t-statistics are listed in the fourth column. The F-statistic for the overall regression is 12.34, and the adjusted R-squared is 0.85.

Independent Variable	Coefficient	Standard Error	t-Statistic
Variable 1	0.25	0.05	5.00
Variable 2	0.15	0.03	5.00
Variable 3	0.10	0.02	5.00
Variable 4	0.05	0.01	5.00

Fairbanks High School  
Travel Release Form

This is to certify that \_\_\_\_\_  
(Student's Name)

has my permission to travel to the scheduled athletic event and I understand that due to extenuating circumstances my son/daughter will not be taking a school bus.

I understand the Fairbanks Local Schools requires students to ride buses to and from athletic events and departure from this requirement will release the Fairbanks Local Schools and its employees and officers from all liability for any adverse results that may occur. *At no time will a student be permitted to be driven by another student, all alternate transportation will be driven by an adult that has provided the school with a copy of their driver's license and proof of insurance, if the adult is not an employee of Fairbanks Local Schools.*

This form is being filled out in advance of any travel issues that may arise. If an alternate method of transportation is being used, the Superintendent must grant approval prior to the trip and notification will be passed on to the parents.

By signing below, I certify that I am the parent and/or the legal guardian of the student named above.

\_\_\_\_\_  
( Please Print Name)

\_\_\_\_\_  
(parent/legal guardian legal signature)

Date: \_\_\_\_\_





OHSAA AUTHORIZATION FORM

I hereby authorize the release and disclosure of the personal health information of \_\_\_\_\_ ("Student"), as described below, to \_\_\_\_\_ ("School").

The information described below may be released to the School principal or assistant principal, athletic director, coach, athletic trainer, physical education teacher, school nurse or other member of the School's administrative staff as necessary to evaluate the Student's eligibility to participate in school sponsored activities, including but not limited to interscholastic sports programs, physical education classes or other classroom activities.

Personal health information of the Student which may be released and disclosed includes records of physical examinations performed to determine the Student's eligibility to participate in school sponsored activities, including but not limited to the Pre-participation Evaluation form or other similar document required by the School prior to determining eligibility of the Student to participate in classroom or other School sponsored activities; records of the evaluation, diagnosis and treatment of injuries which the Student incurred while engaging in school sponsored activities, including but not limited to practice sessions, training and competition; and other records as necessary to determine the Student's physical fitness to participate in school sponsored activities.

The personal health information described above may be released or disclosed to the School by the Student's personal physician or physicians; a physician or other health care professional retained by the School to perform physical examinations to determine the Student's eligibility to participate in certain school sponsored activities or to provide treatment to students injured while participating in such activities, whether or not such physicians or other health care professionals are paid for their services or volunteer their time to the School; or any other EMT, hospital, physician or other health care professional who evaluates, diagnoses or treats an injury or other condition incurred by the student while participating in school sponsored activities.

I understand that the School has requested this authorization to release or disclose the personal health information described above to make certain decisions about the Student's health and ability to participate in certain school sponsored and classroom activities, and that the School is a not a health care provider or health plan covered by federal HIPAA privacy regulations, and the information described below may be redisclosed and may not continue to be protected by the federal HIPAA privacy regulations. I also understand that the School is covered under the federal regulations that govern the privacy of educational records, and that the personal health information disclosed under this authorization may be protected by those regulations.

I also understand that health care providers and health plans may not condition the provision of treatment or payment on the signing of this authorization; however, the Student's participation in certain school sponsored activities may be conditioned on the signing of this authorization.

I understand that I may revoke this authorization in writing at any time, except to the extent that action has been taken by a health care provider in reliance on this authorization, by sending a written revocation to the school principal (or designee) whose name and address appears below.

Name of Principal: \_\_\_\_\_  
School Address: \_\_\_\_\_

This authorization will expire when the student is no longer enrolled as a student at the school.

**NOTE: IF THE STUDENT IS UNDER 18 YEARS OF AGE, THIS AUTHORIZATION MUST BE SIGNED BY A PARENT OR LEGAL GUARDIAN TO BE VALID. IF THE STUDENT IS 18 YEARS OF AGE OR OVER, THE STUDENT MUST SIGN THIS AUTHORIZATION PERSONALLY.**

\_\_\_\_\_  
Student's Signature Birth date of Student, including year

\_\_\_\_\_  
Name of Student's personal representative, if applicable  
I am the Student's (check one): \_\_\_\_\_ Parent \_\_\_\_\_ Legal Guardian (documentation must be provided)

\_\_\_\_\_  
Signature of Student's personal representative, if applicable Date

A copy of this signed form has been provided to the student or his/her personal representative  
**THE STUDENT SHALL NOT BE CLEARED TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS UNTIL THIS FORM HAS BEEN SIGNED AND RETURNED TO THE SCHOOL**

**2011-2012 Ohio High School Athletic Association Eligibility and Authorization Statement**

This document is to be signed by the participant from an OHSAA member school and by the participant's parent.

I have read, understand and acknowledge receipt of the OHSAA brochure entitled "Your Athletic Eligibility," which contains a summary of the eligibility rules of the Ohio High School Athletic Association. I understand that a copy of the *OHSAA Handbook* is on file with the principal and athletic administrator and that I may review it, in its entirety, if I so choose. All OHSAA bylaws and regulations from the *Handbook* are also posted on the OHSAA web site at [www.ohsaa.org](http://www.ohsaa.org).

I understand that an OHSAA member school must adhere to all rules and regulations that pertain to the interscholastic athletics programs that the school sponsors, but that local rules may be more stringent than OHSAA rules.

I understand that participation in interscholastic athletics is a privilege not a right.

**Student Code of Responsibility**

As a student athlete, I understand and accept the following responsibilities:

I will respect the rights and beliefs of others and will treat others with courtesy and consideration

I will be fully responsible for my own actions and the consequences of my actions

I will respect the property of others

I will respect and obey the rules of my school and laws of my community, state and country

I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country

I understand that a student whose character or conduct violates the school's Athletic Code or School Code of Responsibility is not in good standing and is ineligible for a period of time as determined by the principal

**Informed Consent** – By its nature, participation in interscholastic athletics includes risk of injury and transmission of infectious disease such as HIV and Hepatitis B. Although serious injuries are not common and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have a responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily. **PARENTS, GUARDIANS OR STUDENTS WHO MAY NOT WISH TO ACCEPT RISK DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS FORM. STUDENTS MAY NOT PARTICIPATE IN AN OHSAA-SPONSORED SPORT WITHOUT THE STUDENT'S AND PARENT'S/GUARDIAN'S SIGNATURE.**

I understand that in the case of injury or illness requiring transportation to a health care facility, that a reasonable attempt will be made to contact the parent or guardian in the case of the student-athlete being a minor, but that, if necessary, the student-athlete will be transported via ambulance to the nearest hospital.

To enable the OHSAA to determine whether the herein named student is eligible to participate in interscholastic athletics in an OHSAA member school I consent to the release to the OHSAA any and all portions of school record files, beginning with seventh grade, of the herein named student, specifically including, without limiting the generality of the foregoing, birth and age records, name and residence address of parent(s) or guardian(s), residence address of the student, academic work completed, grades received and attendance data.

I consent to the OHSAA's use of the herein named student's name, likeness, and athletic-related information in reports of contests, promotional literature of the Association and other materials and releases related to interscholastic athletics.

I understand that if I drop a class, take course work through Post Secondary Enrollment Option, Credit Flexibility or other educational options, this action could affect compliance with OHSAA academic standards and my eligibility.

I understand all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. Further I understand that if my student is removed from a competition due to a suspected concussion, he or she will be unable to return to competition that day without the written authorization from a physician (M.D. or D.O.) or an athletic trainer which indicates that the student has not been concussed. Further, I acknowledge that discussion took place and materials were provided to me on this topic by my school.

By signing this we acknowledge that we have read the above information and that we consent to the herein named student's participation.

**Must Be Signed Before Physical Examination**

Student's Signature \_\_\_\_\_ Birth date \_\_\_\_\_ Grade in School \_\_\_\_\_ Date \_\_\_\_\_

Parent's or Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_



# Physical Examination Form

The section below is to be completed by physician or staff after history and consent forms are completed.

Students Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ % Body Fat (optional) \_\_\_\_\_ Pulse \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_, \_\_\_\_\_ / \_\_\_\_\_, \_\_\_\_\_ / \_\_\_\_\_

Vision R 20/ \_\_\_\_\_ L 20/ \_\_\_\_\_ Corrected: Y N Pupils: Equal \_\_\_\_\_ Unequal \_\_\_\_\_

**Follow-Up Questions on More Sensitive Issues (Optional)**

1. Do you feel stressed out or under a lot of pressure?
2. Do you ever feel so sad or hopeless that you stop doing some of your usual activities for more than a few days?
3. Do you feel safe?
4. Have you ever tried cigarette smoking, even 1 or 2 puffs? Do you currently smoke?
5. During the past 30 days, did you use chewing tobacco, snuff, or dip?
6. During the past 30 days, have you had at least 1 drink of alcohol?
7. Have you ever taken steroid pills or shots without a doctor's prescription?
8. Have you ever taken any supplements to help you gain or lose weight or improve your performance?
9. Questions from the Youth Risk Behavior Survey (<http://www.cdc.gov/HealthyYouth/yrbs/index.htm>) on guns, seatbelts, unprotected sex, domestic violence, drugs, etc.

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

MEDICAL	Normal	Abnormal findings	Initials*
Appearance			
Eyes/ears/nose/throat			
Hearing			
Lymph nodes			
Heart			
Murmurs			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
<b>MUSCULOSKELETAL</b>			
Neck			
Back			
Shoulder/arm			
Elbow/forearm			
Wrist/hand/fingers			
Hip/thigh			
Knee			
Leg/ankle			
Foot/toes			

\*Multiple-examiner set-up only.

Notes: \_\_\_\_\_

\_\_\_\_\_

## Clearance

Cleared without restriction

Cleared, with recommendations for further evaluation or treatment for:

Not cleared for: All Sports    Certain sports.    Reason: \_\_\_\_\_

Recommendations: \_\_\_\_\_

## Emergency Information:

Allergies: \_\_\_\_\_

Other Information: \_\_\_\_\_

Name of Physician (print/type/stamp) \_\_\_\_\_ (M.D., D.O., D.C.) Date: \_\_\_\_\_

If the Physician's Assistant (P.A.) or Advanced Nurse Practitioner (A.N.P.) performed the exam, name and address of collaborating physician or physician group: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature of Physician: \_\_\_\_\_ Date: \_\_\_\_\_